**OBJECTIVES AND CORE COMPETENCIES FOR GP ROTATION**

**OVERALL OBJECTIVES**

1. **Clinical problem solving:** Demonstrate the necessary skills in diagnosis, management, organisation, critical appraisal, ethics,

knowledge and communication to enable clinical decision-making and competent management of a range of common presentations in general practice

1. **Health promotion and preventative care:** Be aware of opportunities and strategies for health promotion and preventative care in general practice
2. **Context of care:**  Understand the context of care in general practice, especially the social, family, cultural, geographical,

and psychological influences on health

1. **Role of GP:** Understand the central role of a GP within the health care system
2. **Clinical organisation and practice management:** Demonstrate competency in basic clinical organisation and have a basic knowledge of the regulations

governing general practice

1. **Personal and professional development:**  Develop strategies for self-appraisal, reflective practice, and continuing education

\*\* **AM Sessions**: 8:30 am - 12:00 pm

\*\* **PM Sessions:** 2:00 pm - 5:00 pm

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| Week 1 | Monday | Tuesday | Wednesday | Thursday | Friday |
| Orientation | Orientation | **A** | **B** | **A** | **B** | **A** | **B** |
| AM | Orientation to Clinic Reception Manager | Orientation to ClinicReception Manager | Consulting with GP | Consulting with GP | Turorial |  |
| LUNCH |
| PM | Orientation | Orientation | Practice Nurse | Practice Nurse | Consulting with GP | ProceduresYA/DM |  |  |

**GOALS AND OBJECTIVES**

**Week One**

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| **Goal** | **Strategies** |
| Understand the day-to-day operation of the practice | * Orientation to the clinic
* Meet with practice manager
* Observe practice nurse
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| Understand how general practice fits into the Australian health care system | * Meet with practice manager and senior GP
 |
| Begin to tailor consultation skills to the environment of general practice | * Observe consultations with different General Practitioners to get an understanding of different practices and methods of consultation
 |
| Begin to improve procedure skills | * Observe practice nurse / GP / PAP nurse undertake procedures and aid in the preforming of procedures to improve your own skills
* Skills you should be able to demonstrate in the GP setting include:
	+ Record an ECG
	+ Instruct patient how to use a spacer and metered-dose inhaler / set up a nebuliser
	+ Instruct patient how to use a PEF and perform spirometry
	+ Perform a capillary blood glucose measurement
	+ Perform a cervical PAP smear (under supervision)
	+ Suture a wound (including knot tying)
	+ Perform injections (e.g. vaccinations, B12, iron)
	+ Perform excisions and suture (under supervision)
	+ Take vitals (e.g. BP, HR, RR, Temperature, O2 saturations)
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| Week 2 | Monday | Tuesday | Wednesday | Thursday | Friday |
| **A** | **B** | **A** | **B** | **A** | **B** | **A** | **B** | **A** | **B** |
| AM | Time in reception | Consulting with GP(AHA) | MHN | Independent Consulting | Consulting with GP | Allied health | Home Visits / Nursing Home | Physiotherapy | TutorialDebriefing | Tutorial |
| LUNCH |
| PM | Consulting with GP | Practice Nurse | Independent Consulting | Introduction to Pharmacy | Introduction to Pharmacy | Consulting with GP(GP Management Plan/Mental Health Plan) | Consulting with GP | ProceduresYA  |  |  |

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| Week 3 | Monday | Tuesday | Wednesday | Thursday | Friday |
| **A** | **B** | **A** | **B** | **A** | **B** | **A** | **B** | **A** | **B** |
| AM | AcupunctureDr Ann Miller | Consulting with GP | Consulting with GP(GP Management Plan/Mental Health Plan) | PodiatristStephen | Consulting with GP | Consulting with GP(AHA) | ProceduresDM | Time in reception | Consulting with GP |  |
| LUNCH |
| PM | Practice Nurse | Independent Consulting | Independent Consulting | Practice Nurse | Consulting with GP | PathologyHealth scope | Consulting with GP | ProceduresYA  | Practice Manager | Practice Manager |

**GOALS AND OBJECTIVES**

**Week Two and Three**

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| **Goal** | **Strategies** |
| Develop a number of management plans for patients with chronic conditions and/or mental health conditions | * Organize with GP a suitable patient with chronic conditions to complete a GP management plan, mental health plan, health assessment and referral letter during these two weeks. Include sessions with the practice nurse beforehand to complete necessary observations and examinations.
 |
| Have a good understanding of the day-to-day functioning of the practice and of the environment of the practice | * Spend some time in reception and with the practice manager
 |
| Start seeing patients independently and further refine consultation skills to the environment of general practice | * Organize with GP suitable patients to see independently and present to GP following consultation with your findings and management plan
* Organize with GP and reception to see emergency/walk-in patients if possible
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| Gain a basic understanding of the systems that allow the practice to function | * Organize to sit with reception and with the practice manager to gain a better understanding of how the clinic runs
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| Week 4 | Monday | Tuesday | Wednesday | Thursday | Friday |
| **A** | **B** | **A** | **B** | **A** | **B** | **A** | **B** | **A** | **B** |
| AM | Consulting with GP(mini-CEX) | AcupunctureDr Ann Miller | Diabetes Educator | Consulting with GP(mini-CEX) | Consulting with GP | Consulting with GP | PodiatristStephen | Home Visits / Nursing Home | Tutorial | Tutorial |
| LUNCH |
| PM | Independent Consulting | Practice Nurse | Consulting with GP | Independent Consulting | Independent Consulting | Consulting with GP | Practice Nurse\Procedures | Independent Consulting |  | Independent Consulting  |

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| Week 5 | Monday | Tuesday | Wednesday | Thursday | Friday |
| **A** | **B** | **A** | **B** | **A** | **B** | **A** | **B** | **A** | **B** |
| AM | Consulting with GP | MHNShae | Consulting with GP(mini-CEX) | Diabetes EducatorTracey | Practice Nurse | Consulting with GP(mini-CEX) | PhysiotherapyHashim | Consulting with GP | Debriefing | Tutorial |
| LUNCH |
| PM | Independent Consulting | Consulting with GP | Independent Consulting | Consulting with GP | Consulting with GP | Independent Consulting | Consulting with GP | Independent Consulting | Procedures/ |  |

**GOALS AND OBJECTIVES**

**Week Four and Five**

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| **Goal** | **Strategies** |
| See numerous patients independently and negotiate management with supervisor | * Aim to be seeing patients independently more frequently by the final weeks ensuring to discuss with the GP the presentation and management plan
 |
| Become proficient in the administration of tasks which pertain to patient management | * Understand and complete tasks relating to patient management (including patient referrals, investigation requests, and prescribing of medications)
 |
| Undertake at least 2 satisfactory mini-CEX’s and complete all other learning planner tasks | * Organize to complete 2 supervised mini-CEX’s with GP
* Be sure to have completed all other learning planner tasks if not completed in previous weeks
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| Deepen understanding of the community which the practice serves | * Organize some home visits or visits to the nursing home to better understand the community which the clinic serves
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